



CBRF - OCTOBER 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Packers Oct.5- 7:15 p.m Oct. 18- 3:25 p.m Oct.25- Noon			1 A.M Perk 9:30 Up&At'Em Exercise 10:00 Shake loose a memory 1:00 Dominoes 3:00 Cards	2 A.M Perk 9:30 Stretching 10:30 First Friday Mass 1:00 BINGO 3:00 Trivia	3 In-Rm Bingo 1:1 Visits 1:00 Movie
4 9:00 Devotions 1:00 Movie In-Rm Bingo	5 A.M Perk 9:30 Up&At'Em Exercise 10:00 Trivia 1:00 Arts & Crafts 3:00 UNO	6 A.M Perk 9:30 Up&At'Em Exercise 10:00 Reminisce 1:00 Banga 3:00 Shut the Box	7 Flu shots A.M Perk 9:30 DM/Rosary 10:00 MIM 12:45 Resident Mtg 1:30 Bible Study	8 A.M Perk 9:30 Up&At'Em Exercise 10:00 Roll & Cover 1:00 Finish the Lyrics 3:00 Checkers	9 A.M Perk 9:30 Nail care 10:00 Bowling Dice 1:00 BINGO	10 In-Rm Bingo 1:1 Visits 1:00 Movie
11 9:00 Devotions 1:00 Movie In-Rm Bingo	12 Columbus Day A.M Perk 9:30 Up&At'Em Exercise 10:00 UNO 1:15 Color ride	13 A.M Perk 9:30 Up&At'Em Exercise 10:00 Color Cubed 1:00 Arm chair travels/ Illinois 3:00 Decorate cookies	14 A.M Perk 9:30 DM/Rosary 10:00 MIM 1:00 Bible Study 2:45 Lutheran Services	15 A.M Perk 9:30 Up&At'Em Exercise 10:00 Down the line 1:00 Tie Dye 3:00 Catch Phrase	16 A.M Perk 9:30 Nail care 10:00 Wheel less fortune 1:30 BINGO 3:00 Finish the Lyrics	17 In-Rm Bingo 1:1 Visits 1:00 Movie
18 9:00 Devotions 3:25 Packers In-Rm Bingo	19 A.M Perk 9:30 Up&At'Em Exercise 10:00 Roll & Cover 2:00 Octoberfest	20 A.M Perk 9:30 Up&At'Em Exercise 10:00 Leap frog 1:00 Kountry Store	21 A.M Perk 9:30 DM/Rosary 10:00 MIM 1:00 Bible Study 3:00 Apple Craft	22 A.M Perk 9:30 Up&At'Em Exercise 10:00 Dice Game 1:00 Blackjack Cards 3:00 Checkers	23 A.M Perk 9:30 Nail care 10:00 LCR 1:30 BINGO	24 In-Rm Bingo 1:1 Visits 1:00 Movie
25 9:00 Devotions Noon Packers In-Rm Bingo	26 A.M Perk 9:30 Up&At'Em Exercise 10:30 Library Outreach 1:00 Monopoly	27 A.M Perk 9:30 Up&At'Em Exercise 10:00 Trivia 1:00 Armchair Travels/ Mississippi 3:00 Po-Ke-No	28 A.M Perk 9:30 DM/Rosary 10:00 MIM 1:00 Bible Study 2:30 Lutheran Services	29 A.M Perk 9:30 Up&At'Em Exercise 10:00 Dice Game 1:00 Cribbage 3:00 Ship Captain Crew	30 A.M Perk 9:30 Nail care 10:00 Sing Along 1:30 BINGO 3:00 Casino Games	31 Halloween In-Rm Bingo 1:1 Visits 1:00 Movie
		ACTIVITIES SUBJECT TO CHANGE				