



CBRF - JANUARY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	January Birthdays Dennis G 19th	Perk will be given daily			1 10:00 First Friday Mass (T.V) 1:1 Visits In-Rm Bingo	2 1:1 Visits 1:00 Movie In-Rm Bingo
3 9:00 Devotions Color pages 1:1 Visits	4 9:30 Up&At'Em Exercise 10:15 Bowling Dice 1:00 Pokeno 3:00 Pass the Pigs	5 9:30 Up&At'Em Exercise 10:15 Holiday Decoration Take-down 1:30 Arm-chair travels/ reminisce	6 9:00 DM/Rosary 10:00 MIM 1:00 Bible study 2:30 Holiday Decorations Take-down (if needed)	7 9:30 Up&At'Em Exercise 10:15 Finish the Lyrics 1:00 Family Fued 3:00 LCR	8 9:30 Up&At'Em Exercise 10:45 Kountry Store 1:00 Bingo 3:00 Hot cocoa social	9 1:1 Visits 1:00 Movie In-Rm Bingo
10 9:00 Devotions Color Pages 1:1 Visits	11 9:30 Up&At'Em Exercise 10:00 Leap frog 1:00 Shake loose a memory	12 9:30 Up&At'Em Exercise 10:15 UNO 1:00 Sing -Along	13 9:00 DM/Rosary 10:00 LCR 1:00 Bible study	14 9:30 Up&At'Em Exercise 10:15 Down the Line 1:00 Skunk	15 9:30 Up&At'Em Exercise 10:15 Toss-up 1:00 Bingo	16 1:1 Visit 1:00 Movie In-Rm Bingo
17 9:00 Devotions Color pages 1:1 Visits	18 9:30 Up&At'Em Exercise 10:00 Wheel-less fortune 1:30 Arm-chair travels/ reminisce	19 9:30 Up&At'Em Exercise 10:00 shake loose a memory 1:00 Name That TV Theme Song Game	20 9:00 DM/Rosary 10:00 MIM 1:00 Bible study 2:30 Lutheran reading	21 9:30 Up&At'Em Exercise 10:00 Craft-Snowflake 1:00 Shut the Box 3:00 Toss Up	22 9:30 Up&At'Em Exercise 10:00 Trivia 1:00 Bingo 3:00 Wine & cheese tasting	23 1:1 Visits 1:00 Movie In-Rm Bingo
24 / 31 9:00 Devotions Color pages 1:1 Visits	25 9:30 Up&At'Em Excise 10:00 finish the line 10:30 Library Outreach 1:00 Snowman roll & cover	26 9:30 Up&At'Em Exercise 10:00 Snowman Toss 1:00 Toss up 3:00 Down the Line	27 9:00 DM/Rosary 10:00 MIM 1:00 Bible study 2:30 Lutheran reading	28 9:30 Up&At'Em Exercise 10:00 LCR 1:30 Snowman toss 3:00 UNO	29 9:30 Up&At'Em Exercise 10:00 LCR 1:00 Bingo	30 1:1 Visits 1:00 Movie In-Rm Bingo
ACTIVITIES SUBJECT TO CHANGE						